Week 3 Menu	2 <sup>nd</sup> October, 30th October, 20th November, 11 <sup>th</sup> December, 8 <sup>th</sup> January,
Dates	29 <sup>th</sup> January, 26 <sup>th</sup> February, 18 <sup>th</sup> March

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Margherita pizza, wedges & beans	Sausage roll, mashed potato & baked beans	Roast pork, roast potatoes/mash, stuffing, veg & gravy	Beef lasagne with garlic bread & carrots	Fish fillet with chips, peas or beans
Option 2	Veggie supreme pizza, wedges & beans	Vegan sausage roll, mashed potato & baked beans	Roast quorn, roast potatoes, stuffing, veg & gravy	Veg pasta bake with garlic bread & carrots	Fishless fingers, chips with peas or beans
Option 3	Baked potato cheese/baked beans & salad	Baked potato Cheese/baked beans & salad	Baked potato Cheese / tuna mayo / baked beans & salad	Baked potato Cheese/ baked beans & salad	Baked potato Cheese/baked beans & salad
DESSERTS	Jam Cupcakes & custard	Iced sponge with custard	Chocolate pudding & sauce	Oaty cookie & fruit wedge/custard	Fresh fruit selection
GLUTEN FREE / DAIRY FREE	Margherita pizza, wedges & beans	g/f sausage, mashed potato & beans	Roast pork with veg & gravy	veg burger with wedges & carrots	g/f fish & chips with peas & beans
Packed lunch option	Cheese/ham sandwich Fruit,veg Nachos cupcake	Cheese/ham sandwich Fruit,veg Nachos Iced sponge	Cheese/ham/tuna mayo sandwich Fruit, veg Nachos Choc cake	Cheese/ham sandwich Fruit,veg Nachos Oaty cookie	Cheese/ham sandwich Fruit,veg Nachos Yogurt/jelly